

THE PRESENT MOMENT

Newsletter of The Greater Boston Area Plum Village Sanghas



April 2026 Issue

Highlighting BOPS Sangha

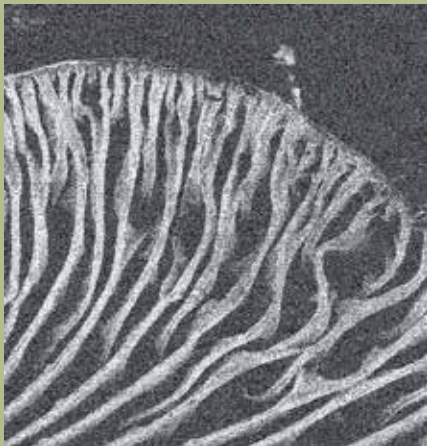
Editors: Katie Hohl, Jade Kleiner, Anh Nguyen, Olivier Kagan, Jane Gilman

Boston Old Path Sangha (BOPS) was founded in 1989 to support people in the greater Boston area who practice mindfulness in the tradition of Thich Nhat Hanh. It was incorporated as a non-profit in Massachusetts in 2000. It brings together others on the same path, acting as a “mahasangha”, or “great sangha” for the various local Boston sanghas and mindfulness practitioners following the Plum Village Tradition.

Over the years, we have supported regional retreats, held Days of Mindfulness and hosted social events. In 2026, as many of us are seeking deeper spaces of community, we want to renew the presence of BOPS to strengthen connections within and between the local sanghas around the Boston area. We hope to use BOPS as a tool to coordinate and share inter-sangha Days of Mindfulness, retreats, meetings with monastics, opportunities for peaceful activism, poetry events, and other meditation and mindfulness events.

Everyone is welcome, without exception. We regard each other as brothers and sisters, practicing these concords:

- We share our practice space.
- We share the essence of our daily lives.
- We observe the same mindfulness trainings.
- We use only words that contribute to harmony.
- We share our insights and understanding.
- We respect each other's viewpoints.



One Tanka

Bells of mindfulness
Sweet and tender, sharp and loud
Ring to call us back:
Wake up to your true nature!
You are connected to all.

- Amy E.

Interested in contributing to the New England Buddhist Poetry Exchange?
Submit poetry, read past poems, and learn more [here](#)

“Firebuilding” Day of Mindfulness

On May 16, 2026, you are warmly invited to join us for an inter-sangha Day of Mindfulness (full details at end). To celebrate 60 years of the Order of Interbeing (OI), we will focus the Day of Mindfulness on reflecting on the ways Thây's teachings, Plum Village, and the Order of Interbeing have impacted us individually and collectively. In the spirit of Thây's wisdom to drink tea together before we meet to decide on anything, the Day of Mindfulness will be in the spirit of a “fire-building session” that will kindle the energy we need to shape our collective future.

When: May 16, 2026

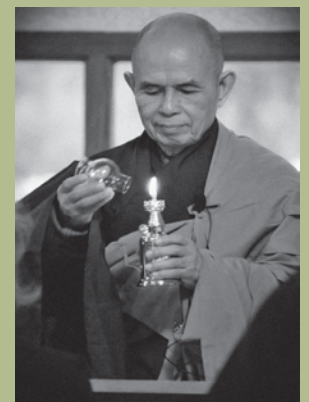
Where: Chua Viet Nam, 68 Bradeen St, Roslindale, MA 02131

What to bring: Comfortable clothes for walking and sitting meditation, notebook, water bottle, packed vegetarian lunch

Upcoming Events

- April 9, 2026 - Meet the Monastics - 6pm
- May 16, 2026 - Firebuilding Day of Mindfulness - 10-3pm

Please reach out to us [here](#) or at info@bostonoldpath.org for more information and with any questions



Moments of Joy

Mahasangha Firebuilding. On March 8, several members of local Boston sanghas gathered to begin planning a [Firebuilding](#) Day of Mindfulness. We enjoyed sitting meditation and various delicious snacks together (including Korean mooncakes, dried guava, and puffed rice) and then we discussed outlines for the Day of Mindfulness, and our collective vision for reviving BOPS as a way to connect all the beautiful sanghas in our area. We concluded with Anh generously serenading us with Clair de Lune on Janey and Don's piano. We look forward to planning more events and working to further the inter-connectedness among the Boston sanghas.



Pictured (left to right): Katie, Jade, Linda, Janey, Anh, Don, Olivier



Submit to the next newsletter!

We would be honored to feature your sangha in our next newsletter. We would love to share:

- Upcoming meditation/mindfulness/art-making/peace activism/etc. events open to all that you or your sangha are hosting
- Photos and/or reflections from past gatherings, initiatives, or events
- Any opportunities or open calls for assistance planning an event/ starting an initiative (i.e. seeking members for a beloved community circle, help planning a DOM or retreat, etc.)
- Poetry (please submit via the New England Buddhist Poetry Exchange, link at bottom of previous page)

Submit [here](#)

WE INTER-ARE.

Stay tuned for more "mahasangha" updates and events!

